

## Frequently Asked Questions

### Plans for the Season and Covid-19 Protocol

#### In-Person Classes

##### 1. What are the in-person protocols?

- Please read our [Plans for the Season and Covid-19 Protocol](#) for further details.

##### 2. What if my dancer can't stay inside the taped box?

- If this is a concern for you, we highly recommend communicating early with your teacher or OT to discuss the safest class option for your dancer, and if appropriate, to discuss plans for supporting your dancer to return to in-person classes;
- We are developing special resources such as social narratives and games to help dancers understand the new protocols in a friendly and effective way;
- We also encourage students to practice staying in a taped box at home - (6 feet by 6 feet box);
- Our teachers and volunteers will provide verbal redirection to reinforce boundaries;
- Dependent on space, and the needs of the studio and dancer, parents may be asked to support their dancer in learning the new protocols in the studio the first few weeks (wearing a mask);
- If dancers try in-person classes but are not able to follow the protocols within the first few classes, they can transition to virtual classes with NO additional costs.

##### 3. Do parents, caregivers and dancers have to wear a mask?

- Everyone must wear a mask in the lobby and inside the dance studio at all times including dancers; parents, caregivers, staff, and volunteers;
- All staff are wearing access masks with a cut out for lip reading, volunteers will wear their own mask or be provided with disposable medical masks.
- Dancers are encouraged to wear their own mask and to leave their masks on for the duration of dance class;
- If the dancers have to remove their mask - they need to do this themselves and bring in a bag to store their mask in their designated dance space. They will be required to put their mask on before moving from their designated dance space.

##### 4. How will my dancer be supported by a volunteer in-person?

- Volunteers are limited for in-person support due to social distance restrictions;
- Volunteers will still provide verbal cueing, modeling to encourage participation but won't provide any physical support/cueing;
- Volunteers engage in weekly debriefs and document how the "F-words" are being implemented in class to ensure considerations are made within the class for fun, friendship, fitness, function, family, and future;



- If you identify a resource (ie. visual, story) that may benefit your child (or others) – our volunteers can assist with creating new tools and resources for you.

## Virtual Classes

### 5. How will my dancer be supported by a volunteer virtually?

- Volunteers will still be paired with dance buddies to ensure each dancer receives positive reinforcement throughout class and can develop social connections;
- Also, volunteers will observe dancers on screen and help to inform the instructor about how to adapt instructions or reinforce concepts being taught;
- Volunteers will be an extra set of eyes and can give feedback to the instructor after class during debriefs;
- Volunteers will check in with dancers and make suggestions about their home set up, safety of dancing space, etc.
- Volunteers engage in weekly debriefs and document how the “F-words” are being implemented in class to ensure considerations are made within the class for fun, friendship, fitness, function, family, and future.
- If you identify a resource (ie. visual, story) that may benefit your child (or others) – our volunteers can assist with creating new tools and resources for you.

### 6. I don't think my child will follow along for virtual classes. What do you suggest?

- Our Occupational Therapists will help new dancers set goals for their participation in the online classes and will also provide orientation for parents so their dancer can get the most out of it;
- Besides that, our volunteers will be modelling exercises and encouraging participation;
- It is important to highlight that sometimes even just observing the class from home can be a social time for the dancers, and gradually they may participate more. It will also depend on what are your expectations for your dancer's participation;
- If you are still not sure if an online class will be a good fit for your dancer, you can sign-up for a trial class; our next trial class is October 1<sup>st</sup>.
- If your dancer joins a virtual class and for any reason it is not working, the remainder classes can be refunded.